LIVINGSTON COUNTY DEPARTMENT OF HEALTH

**Be Well in Lima Meeting Minutes**

**Wednesday, November 2, 2024; 10:00 – 11:00 a.m.**

**PRESENT: Bridgette Anderson**; **Tara Coffee; Mark Petroski**; **John Skiptunas**; **Kim Arnold; Mike Falk; Brian Smith; Erika Reinhardt-Roggow; Louise Wadsworth; Christine Steerman; Kim Arnold**

|  |  |  |
| --- | --- | --- |
| **TOPIC** | **FINDINGS/DISCUSSION** | **ACTION/FOLLOW-UP** |
| **Welcome and Introductions** | Introductions of everyone present. |  |
| **PIVITAL SWOT Analysis** | * Worked through a SWOT analysis   + Strengths – What are the communities biggest strengths? Existing programs, partnerships, policies, etc. What contributes to health and wellness and wellbeing?   + Weaknesses – What are weaknesses that we need to address sooner rather than later? What gaps in resources are there? What policies and systems aren’t functioning as they should? Are there barriers within the community that prevent individuals from being healthy?   + Opportunities – What opportunities can help address the weaknesses? What external resources could help us advance?   + Threats – What externally could make doing all your wants and wishes and dreams challenging or difficult? * Next steps:   + Go through list of strengths and identify the top 3 that we can act on   + Prioritize the list of weaknesses to identify what you can work on sooner than later   + Identify which of the opportunities have the biggest “bang for your buck” to utilize   + Identify the most pressing threats | *SWOT analysis to be shared with meeting minutes* |
| **Roles and Outreach** | * Change of meeting times:   + Will continue the next few meetings at 10 am until January, then will switch to an evening meeting time in February   + The next 2 meetings will be the 2nd Wednesday of the month instead of the 1st Wednesday   + Tara and Bridgette will soon be stepping back a bit but will still be available for any help/assistance as needed * Roles:   + Mark stepped up to volunteer to update the community calendar   + Still need to fill the rest of the Be Well Roles * Be Well in Livingston meetings   + Lima will need one representative to share the groups progress/updates at a quarterly meeting (there is a virtual option)   + The next meeting is January 21st at 1pm at the Department of Health | *-Mayor Skiptunas to reach out to churches to try to get representatives at the table*  *-Erika to reach out to the golden agers group* |
| **Other Business** | * All Be Well logos have been updated. Logo on the left hand side of the agenda is the old logo, right hand side of the agenda is the new Lima logo. The purpose of updating the logo was to include GVHP. * Play in Lima Brochure – Hoping to have draft of the brochure by end of week. This will be shared with the group for final approval before being printed. * Lima Rotary Trunk or Treat: Went very well. Had apples, fruit bars, and raisins all gone within 45 minutes. All of the healthy options were gone before the candy and even had leftover candy. | *-Bridgette to share draft of brochure when ready*  *Will also share amount of brochures to be printed* |
| **Next Meeting** | Wednesday, December 11th, 2024 10am at the Lima Town Hall and via zoom:  <https://us06web.zoom.us/j/83292611099?pwd=ggSPr2ILimcUKrk9ZgIbuxgdqeEth5.1> |  |