LIVINGSTON COUNTY DEPARTMENT OF HEALTH

**Be Well in Lima Meeting Minutes**

**Wednesday, September 4th, 2024; 10:00 – 11:00 a.m.**

**PRESENT: Bridgette Guild**; **Tara Coffee; Mark Petroski**; **John Skiptunas**; **Ben Dodzweit; Kim Arnold; Louise Wadsworth; Christine Steerman**

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| **TOPIC** | **FINDINGS/DISCUSSION** | **ACTION/FOLLOW-UP** |
| **Welcome and Introductions** | Introductions of everyone present |  |
| **PIVITAL Presentation** | * Kim Arnold presented on data collected through the Veterans Focus Group, the Lima Golden Agers Focus Group, the School Health Index, and the Community Health Assessment * The assessments and focus groups focused on how Lima is doing as a community, what policies Lima has in place that support a healthy environment and how the environment of Lima supports healthy living * CHANGE Assessment - The purpose is to identify community strengths and areas for improvement, identify and understand the status of community health needs, define improvement areas to guide the community towards population-based strategies that create a healthier environment (increased physical activity, improved nutrition, reduced tobacco use and exposure, and chronic disease management) and to assist with prioritizing community needs and consider appropriate allocation of available resources.   + The CHANGE assessment was posted on the county Facebook, the school sent it out, the golden agers had a physical copy * Lima Village and Town overview – link will take you to a scorecard that provides an overview of the direction things are going. From population to change in demographics to number of families living in poverty, etc.   + <https://scorecard.clearimpact.com/Scorecard/Embed/88037>   + A red arrow indicates rates are going in a direction you don’t want   + A green arrow means the rates are going in a direction you do want   + They try to compare each county to neighboring counties and to NY state overall * Placer AI – Gets data from cellphones that come into your community   + Over the last 3-4 years, they found that Lima had more visitation than any other village in the county. * The first goal is to identify top areas that the group would like to focus in on based on the results shared with us through Kim’s presentation * The top 2 leading causes of death in Livingston County are cancer and heart disease   + Preventing chronic disease with a focus on healthy eating and food security and preventing mental health and substance use disorders with a focus on suicide are the 2 main priorities for Livingston County within the Community Health Improvement Plan (CHIP)   + If anyone is interested in joining the county leadership team for the CHIP, reach out to Tara | * *Kim will try to pull county data for the next meeting* * *Louise to share the placer AI data for the Pumpkin festival, crossroads festival, 4th of July and German Festival* |
| **Roles and Outreach** | * Penny Saver Ad: Where do we want the QR code to link to: GVHP Be Well calendar or Positively Lima Facebook page?   + The group decided on GVHP Be Well calendar * All events that Mark sent to Diane (GVHP) have been added to the Be Well calendar of events, still working on getting links attached to each event * Play in Lima Brochure – Discussed what picture to have on the front cover. Possibly a festival related picture as we are promoting all of Lima’s festivals inside the brochure. Possibly a drone picture. | * *Bridgette to have list of Roles put on GVHP Lima page* * *Bridgette to contact Amy Oliphant to see if she has a photo for the cover* * *Bridgette to reach out to Mike for photo of Dyngus day.* * *Bridgette to ask about printing large copies of brochure* |
| **Other Business** | * Lima Pumpkin Festival – Erika volunteered to run the Be Well Lima table but is only able to for a portion of the event   + John reached out to the PTA to try to get more volunteers for   + Bridgette brought prizes/goodies for table as well as a sign up sheet and info on our meetings |  |
| **Next Meeting** | Wednesday, October 2nd, 2024 10am at the Lima Town Hall and via zoom:  <https://us06web.zoom.us/j/83292611099?pwd=ggSPr2ILimcUKrk9ZgIbuxgdqeEth5.1> |  |