LIVINGSTON COUNTY DEPARTMENT OF HEALTH

**Be Well in Livingston Meeting Minutes**

**Date: July 16th, 2024**

**PRESENT: Tara Coffey**, NOYES; **Mary Guldenschuh**, Livingston County Workforce Development; **Bridgette Guild**, LCDOH; **Andrea Mott**, LCDOH; **Margaret Betette**, LCDOH; **Diane Deane**, GVHP; **Patty Piper**, Be Well in Nunda; **Monica Jarzyna**, Office For the Aging; **Salena Sachman**, EWBC; **Katlyn Newberry**, Cancer Services Program; **Sue Carlock**, Office For the Aging; **Donna Flaherty**, Parish Outreach Center; **Mollie Bleier**; **Colleen Therrier**, CCE

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| **Email Address to use to share resources and information: bguild@co.livingston.ny.us** |

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| **TOPIC** | **FINDINGS/DISCUSSION** | **ACTION/FOLLOW-UP** |
| **Welcome and Introductions** | * Introductions of everyone present in person and via zoom. |  |
| **Funding Update – Budget 2024** | * We have not been spending a lot of money * The goal is to update the “Play in..” brochures and to create one for Lima * Diane has been working on creating window clings stating “Thank you for supporting Be Well” with our logo * Stickers for water bottles – each community has their own set of stickers * RTS has timeslots you can sign up for to have them hand out material to people that use the busses – discussed possibly using the “Play in..” brochures for this. Tara shared in the past they have used a standard 8 x 11 flyer. Discussed possibly doing magnets or something people can hang on their fridge * Morris Ridge Solar Grant - Diane applied and has not heard anything back on this yet | * *Margaret to reach out to Karen Gaton regarding how handing out materials on the busses would work* * *Diane to reach out to Haley to check in on the Morris Ridge Solar Grant* |
| **Implementing the Be Well Work Plan / Community Updates** | * Nunda   + The 5K Run and Walk on July 6th as part of Americana Days had lower participation than they did 2 years ago but thinking that’s because it was on the holiday weekend. Overall, it was a success. There were 38 total participants with great community support. They made about $2500 and will net about $1500. Purchased t-shirts with just the Be Well logo on the front so they can be used for future events as well. During the August meeting, they will do a review of the 5K and write thank you notes and are hoping to include window clings if possible. (They are able to hand deliver the thank you cards if the window clings don’t fit in the cards   + The garden has been planted; there has been better cooperation with Dalton School (K-5) due to the STEAM program. The Nunda/High School is appointing someone else to be the liaison. Have been trying to get the community more involved with the weeding and the watering which has been a challenge. The plants just need more care than they are getting during these hot summer months.   + Looking at an active partnership with Nunda Kiwanis to do a ½-mile walking trail and supporting the newly installed pickle ball courts at the Kiwanis Park with a bench and a commercial net. The initial phase would look at 2-3 benches, some additional signage, and a load or two of gravel. If additional funding is possible, they would like to do a storybook trail around the walking trail (like the one at Vitale Park) as well. Looking at Florence Perkins and the Livonia Library for funding.   + Cornell Cooperative Extension continues to be supportive with their nutrition education classes. Preparing to do a new 6-month plan (2 classes per month) starting later this summer. Also doing a fruit and vegetable prescription class at the senior low-income apartments in Nunda.   + Looking at the tobacco free outdoor air policy revisions for the village and town of Nunda. The committee is meeting for the second time with representatives from the village, town, and Kiwanis Park for all parks and municipal properties in the township of Nunda to have the tobacco free policy with the enhancement for cannabis and vaping. American Lung Association will pay for 12 signs, Be Well and Kiwanis may be able to help with paying for a few other signs as well. (still identifying where they will be located) Initially this will be rolled out as a policy but eventually one of the town board members would like it to be a law which would allow for penalties for someone violating or repeated violations. The School, town, and village are all in support of the change. A town person, a Kiwanis person, and Patty have been assigned to be representatives for the village to be the ones to develop the draft to be presented and approved by the town and village boards.   + Had a temporary displacement of meetings to the Nunda School but the Historical Society has completed their renovations and the group can resume using the building in August.   + Upcoming events to include: a fall walk, euchre will resume and a Grinch walk in December   + Play in Nunda Brochures: would like to change the cover, and use some of their event pictures and add 3 different outdoor activities and 3 other opportunities for playing outside in Nunda area * Mt. Morris   + Deb Bump and Partners for Progress had another successful glory day on June 8th and are planning a Party in the Park for August   + The garden is thriving with the second wave of plants germinating. Mostly tomatoes, herbs, cucumbers, beans, squash, and lettuce   + In conversation with GV BOCES for their “Creating Healthy Schools and Communities” initiative which can provide funding for substantial garden / harvest hut expansion   + Noticing that the harvest hut by the library is getting supplies from community members which is exactly what they were hoping for * Lima   + A member has volunteered to update the Be Well Calendar for Lima’s group. Per Diane, although the calendar is on the GVHP website, it cannot be updated there- it has to be updated through a Be Well in Livingston Gmail account. Until they are able to figure out how to add admin rights to other users, all calendar updates will be sent to Diane to add for now.   + Still in need of more members to fill the list of roles – discussed possibly doing another penny saver ad at the last meeting   + Hoping to get a google drive set up to more easily share documents between members   + PIVITAL will start presenting to the group in September on the focus group data, community survey data, and the School Health Index   + Kara Cloud is no longer interning with Tara as she accepted a full time position. Due to this, Tara and Bridgette will be completing the worksite assessment   + The Lima Bean 5K is on August 3rd from 8-10 AM to kick off the crossroads festival   + Meeting days have changed to the first Wednesday of each month after doing a survey with the group to choose the best day/time for everyone. They will still be held at the Lima Town Hall   + Will start getting the play in Lima brochures ready at the next meeting |  |
| **Other** | * 2024 Meeting Schedule:   + Last meeting of the year will be on October 15th at 1 PM at the Department of Health in room 301 or via zoom * Be Well in Livingston water bottles   + We have a couple boxes of Be Well in Livingston water bottles than can be used at any Be Well events coming up * Quarterly Report Forms   + Previously discussed using a formalized form for all 3 communities   + They are helpful for the community to see exactly what events and things each community has been doing when it comes to recruiting | * *Diane to drop off water bottles and window clings to Patty* * *Diane to put together cohesive quarterly report form/template for each community to use* |
| **Partner Updates** | * Fall Prevention Workshop will be September 20th –registration will open August 5th and location will be at the Four Square Church this year. * The Credibility Survey will be sent to partners to be distributed * August 3rd will be the World Breastfeeding Week event at Highland Park 11am-1pm with a theme of pampering moms. There will be activities for kids, snacks, etc. They will also be utilizing the yard games from GVHP * Lead Renovation Repair program will be August 16th – an opportunity to earn your EPA RRP Initial Certification for free! * DOH has a part time Public Health Specialist position open in Lead * 2 open Fellows positions through PCG, that will be housed at DOH: a data analyst and a compliance officer * CHA Leadership Committee – if anyone is interested or knows someone that may be interested in joining to evaluate data on an annual basis and meeting the community health improvement plan priorities, reach out to Andrea Mott at [amott@co.livingston.ny.us](mailto:amott@co.livingston.ny.us) * NYS Performance Improvement Project (PIP) – The PIP group will be putting together an asset map for Nunda’s active transportation plan for NYS PIP * Livingston CCE now has another SNAP Educator |  |
| **Next Meeting** | * **October 15th, 2024 at 1 PM at DOH room 301 or via zoom:**   [**https://us06web.zoom.us/j/82253622264?pwd=ix3hyTW546yFpSVKCQHakb1CfJNofN.1**](https://us06web.zoom.us/j/82253622264?pwd=ix3hyTW546yFpSVKCQHakb1CfJNofN.1) |  |

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