LIVINGSTON COUNTY DEPARTMENT OF HEALTH

**Be Well in Lima Meeting – b9**

**Monday, February 26, 2024; 10:00 – 11:00 a.m.**

**PRESENT: Lisa Kenney - LCDOH, Katie Bauer - U of R, Tara Coffey - Noyes Health, Bridgette Guild - LCDOH, Allison Cimmerer - Lima Primary, Tori Andrusac - Lima Bean 5K Director, Christine Steerman - Town Resident, John Skiptunas - Lima Mayor**

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| **TOPIC** | **FINDINGS/DISCUSSION** | **ACTION/FOLLOW-UP** |
| **Welcome and Introductions** | Previous minutes reviewed and accepted. |  |
| **Roles and Outreach** | Steering Group and Helpers Group  Recruitment efforts continue. Megan will be retiring and a new person is being hired. The mayor is reaching out to the area churches. Suggesting each church develop a sub-committee at each church and having a member from that committee join the Be Well in Lima committee. |  |
|  | Sharing Be Well in Livingston – Lima logo and GVHP logo  The Lima logo is official. Anytime there is an event that fits the mission and vision of both, please use. |  |
|  | Positively Lima Facebook  Mayor Skiptunas was looking for training on social media. | *Lisa: try to find the social media training and send to the Mayor* |
|  | Google Drive  IT specialist for both town and village will be unavailable for a time. He will take up the task when he returns. |  |
|  | Sharing Be Well on Other Community Websites  GVHP is working on their platform for their new site. Once it is up and running, it will be sent to the committee for review. Perhaps a training can be done once it is ready. Perhaps a podcast could also be done prior to putting on the website. |  |
| **Discussion on Timeline for Next Steps** | Assessments and Policy/Practice Change  Gant chart was started in 1/2024. Lisa has added and tweaked the document. Community Survey will change and go to the end of March. PIVITAL will analyze our data now through May in order to start an action plan. It was determined to be fine to create a work plan through summer.  Community Assessment was completed a while ago. Focus Groups have been done as well. June Webster is working with Allison on doing policy changes.  Be Well has funds set aside for marketing, printing cards, Facebook boost paid ads, translation services, signage for trails, IT domain name for Be Well, Fall Prevention workshop. Some money is also available for a worksite policy change and for schools. If there are any trainings of interest, please reach out.  Mental Health items were discussed to have for the library. Please send recommendations to GVHP. The 5K will need some funds for promotion of the event. At this time, there are no sponsors. The budget is currently $5000.00. Mayor Skiptunas suggested reaching out to Rotary, Kiwanis, Golisano Children’s Hospital, Culligan Water, John Bailey, Louise Wadsworth’s (Economic Development) Grant Specialist. | *Lisa: will do a budget request* |
| **Stretch** |  |  |
| **Other Business** | “Move More” Resources:  Office for the Aging assist with Tai Chi classes  Meditation walk, dance and yoga classes  Mayor will present the classes at the next meeting 3/12/2024.  Promote Lima Bean 5K Run/Walk |  |
|  | “Stress Less” Resources:  Possibility of purchasing items for Public Library  Mental Health/Wellbeing Podcast |  |
| **Wrap-Up** | Jenn had asked if Hannah Weltzer, from the American Lung Association, can come to the next meeting to do a presentation on updating the County’s smoking policy to include vaping. The committee agreed. | *Bridgette: talk to Hannah about presentation and bring items*  *Lisa: include Hannah on agenda for next meeting*  *Tara: add Zoom link* |
| **Next Meeting** | Monday, March 25, 2024  10:00 |  |

*Respectfully Submitted, Sue Ladley, Principal Typist, Community Health*  **** 