## Be Well in Nunda • 2023 Year in Review

Improving the health of our community by helping people EAT BETTER, MOVE MORE AND STRESS LESS!

Our 2023 Activities and Event Support!!

- Annual First Day Walk
- CRASE Active Shooter Training Session
- NEW Where to Play in Nunda Brochure
- Monthly Euchre Fun Nights
- Community Basic CPR Review Classes


# Be Well In Livingston 

- Annual Earth Day Clean-up
- NEW Community Gardens Project: Nunda and Dalton Schools


## Be Well In Nunda

- NEW Nutrition and Canning Classes provided by CCE
- Americana Days: Old Fashioned Games
- Learn about Pickle Ball Classes (new courts coming to Nunda Kiwanis Park 2024)
- KCS Color Run
- Annual Fall Walk
- Trunk or Treat
- Annual Grinch Walk

- Administer our active Be Well in Nunda Group on Facebook

If you'd like to be part of this energetic group of BWIN volunteers, please join us!!
We meet first Monday each month @ 4:00pm at the Nunda Historical Society

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\text { ~ Zoom meeting option available } \sim
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Join our Be Well in Nunda Facebook Group to stay up to date on all we have in store for $2024!!$ Questions: Email us at BeWellinNunda@gmail.com

