

Livingston County Community Health Improvement Plan (CHIP) 2022-2024

Priority: Prevent Chronic Disease

Focus Area #1

Healthy Eating and Food Security

Goal #1

Increase Food Security

Goal #2

Reduce Obesity and the Risk of Chronic Diseases

Disparity

Low Socioeconomic Status

Low Socioeconomic Status

Objectives Through 2023

Increase the percentage of adults with perceived food security (among all adults)

Decrease the percentage of children with obesity among public school students in Livingston County

Interventions

- Screen for food insecurity
- Facilitate and actively support referral

- Multi-component school-based obesity prevention interventions
- LHDs, partner organizations, and other stakeholders can collaborate to work with local school districts and parent-teacher organizations to support policy, and environmental changes that target physical activity and nutrition before, during, or after school

Family of Measures

- Percent of eligible Livingston County residents participating in SNAP
- Percent of eligible Livingston County residents participating in WIC
- Number of health practices that screen for food insecurity and facilitate referrals to supportive services
- Minimum of 3 community partners adopt or enhance food insecurity screening and referral process

Family of Measures

- Number of schools that complete the School Health Index (SHI)
- Number of schools that improve nutrition policies and practices
- NYS Education Department Average Daily Participation for School Meal Program in Livingston County schools
- Percent of eligible schools that implement Coordinated Approach to Child Health (CATCH)

By December 2023, we will have completed...

Complete assessment regarding food insecurity screening and referral process among community partners

- One school to complete the SHI
- Assess number of Livingston County Schools that implement CATCH

Implementation Partner

Community Based Organizations

K-12 Schools

Partner Role(s) and Resources

- Create and conduct an assessment regarding food insecurity screening (utilize Hunger Vital Sign food insecurity screening tool) and share local resources
- Promote and support screening of patients/clients by healthcare providers and community partners, facilitate referral and support active connection to WIC and/or SNAP
- Promote screening of older-adult populations for food insecurity, facilitate referral and support active connection to SNAP
- Link with local partners for resources to provide IT, systems and/or staff resources to help individuals and families access, connect, and enroll in appropriate nutrition and/or community programs to receive the benefits for which they are eligible

- Local school to complete SHI and adopt or enhance policy practice change
- Increasing the availability of healthier foods and beverages with assistance from GVHP/BWIL
- CCE RD and SNAP Educator to collaborate with local school to provide healthy eating learning opportunities
- CCE to assess number of schools that implement CATCH



Livingston County Community Health Improvement Plan (CHIP) 2022-2024

**Priority: Promote Well-Being and Prevent
Mental and Substance Use Disorders**

Focus Area #1

Prevent Mental and Substance User Disorders

**Focus
Area Goal**

Prevent suicides

Objectives Through 2024

Reduce the age-adjusted suicide mortality rate

Interventions

Create protective environments

Identify and support
people at risk

Promote connectedness teach
coping and problem-solving skills

Family of Measures

- Number of gun locks, medication locks, and disposal pouches distributed per year
- Number of drug collection boxes
- Weight of collected items from boxes
- Number of retailers engaged
- Increase in awareness of "access to lethal means," as measured by survey results or polls

- Proportion of healthcare providers who felt comfortable applying suicide prevention skills: active listening, problem-solving, anger management, and stress management skills to identify and refer individuals at risk for suicide to appropriate care
- Proportion of healthcare providers who were knowledgeable about the signs and symptoms of suicide, as well as the mental health problems associated with suicide, such as depression and substance abuse (e.g., depression is an illness that a doctor can treat)
- Suicide Mortality Rate (NYDOH Prevention Agenda and Medical Examiner Data)

- Extent to which individuals have engaged in help-seeking behaviors in the past three months
- Proportion who had positive expectancies about living, engaged in civic life

By December 2023, we will have completed...

Implementation of Lock & Talk initiative, adapted from Virginia's statewide Lock & Talk program, to reduce access to lethal means.

- Survey healthcare providers regarding screening assessment tools utilized, comfort level regarding suicide prevention skills, and referral process
- Gather data from healthcare providers regarding number of patients screened

- Assessment of local assets and resources
- Conduct attendee surveys at community events to identify the proportion who had positive expectancies about living, engaged in civic life
- Conduct program utilization and effectiveness assessments
- Expand Be Well In Livingston (Chronic Disease Prevention initiative focused on eating better, moving more and stressing less) to Lima, NY
- Promote assets and resource to community

Implementation Partner

Community Based Organizations

Hospital(s)

Community Based Organizations

Partner Role(s) and Resources

- Suicide Prevention Task Force to implement and evaluate Lock & Talk
- CASA-Trinity to promote drug collection boxes in Liv. Co.
- Liv. Co. Sheriff's Office to collect and weigh items from drug collection boxes

- MH/SU CSB, GVHP/Suicide Prevention Task Force to gather data and conduct surveys
- All partners to evaluate data and survey responses: discuss next steps for 2024

- Peer norm programs: CASA Trintiy Peer Specialist, LCMH explore MH Peer Programming, LC Veterans -Dwyer Peer Support Program
- Community engagement activities- LC Veterans Outdoor RX, CASA AIR Program, GVHP Be Well In Livingston Stress Less
- Community events such as 5Ks and Euchre tournaments, MHA social support group, OFA Tai Chi and Aging Mastery Program, URM/Noyes Health Caregiver Support Program, and GLOW Out! (LGBTQ+ drop in centers)

