

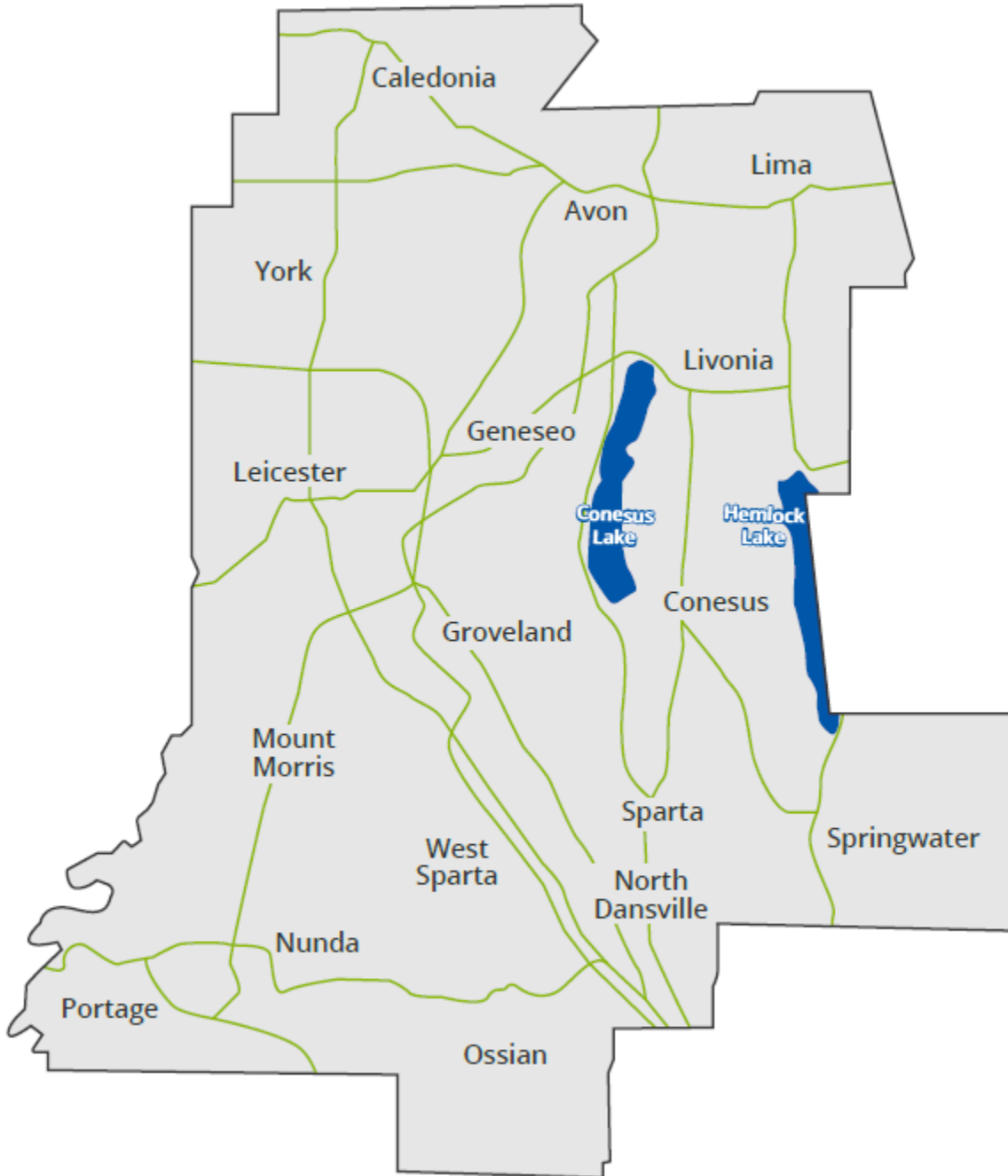


**Common
Ground
Health**

NUNDA, NEW YORK

LIVINGSTON COUNTY

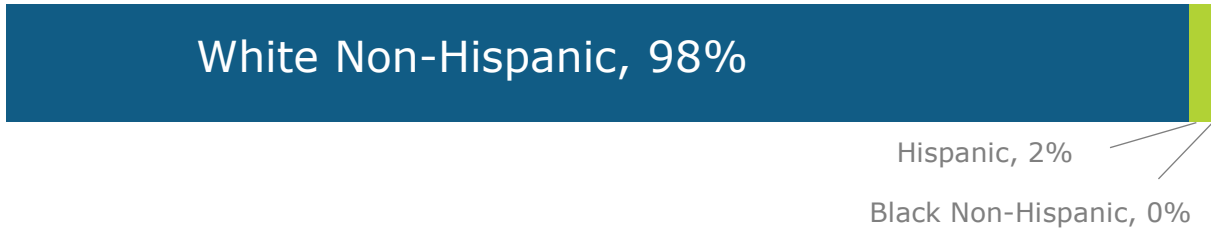
Common Ground Health, 2022



About Nunda

2,908 residents live in Nunda.

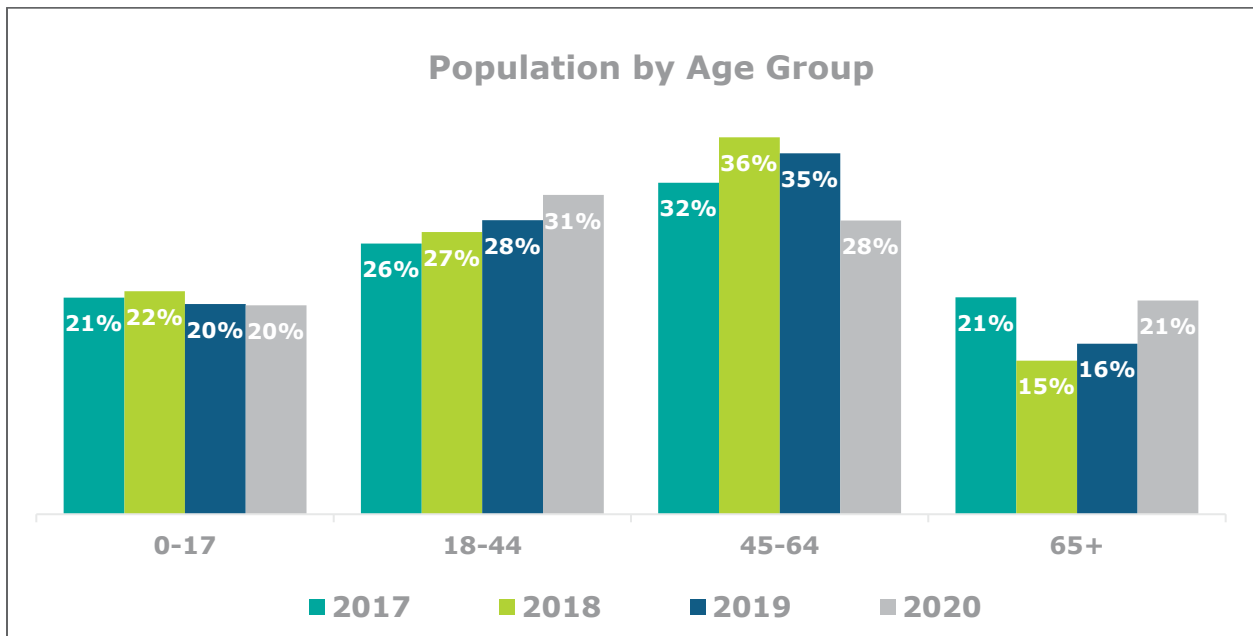
2,849 are White Non-Hispanic.



The average life expectancy at birth in Nunda from 2018-2020 was 73.3 years, which was a decrease from 75.7 years in 2014-2016.

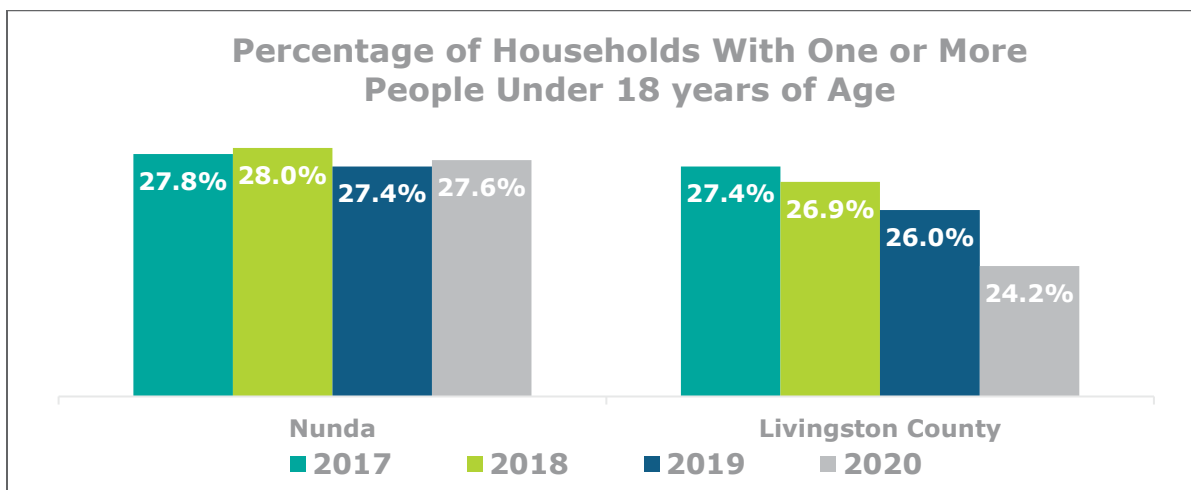
The average life expectancy at birth in Livingston County from 2018-2020 was 76.5 years, a decrease from 77.3 years in 2014-2016.

Between 2019 and 2020, the percentage of the population in the 45-64 decreased while all other age groups either grew or remained stable from the past year.

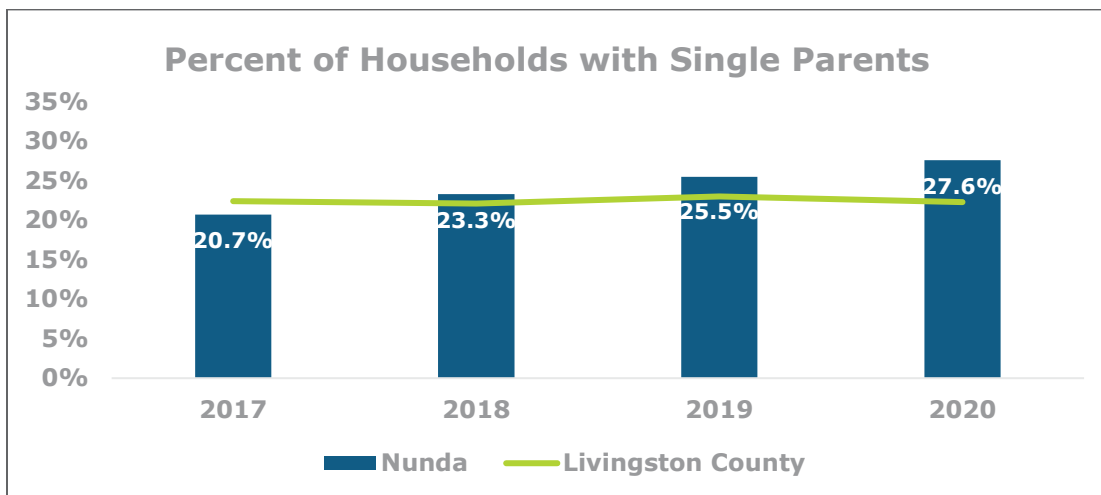


Who you live or do not live with, as well as where you live, can impact personal health behaviors and the ability to access health care services. Households with special needs, disability and caregiver demands, and those with children in the home experience challenges and stresses of maintaining employment, remaining up-to-date on bills and household chores, and taking care of the social, emotional and physical well-being of household members. Single parent households experience these challenges to an even greater degree which may significantly impact a person’s ability to prioritize needs inside and outside of the home.

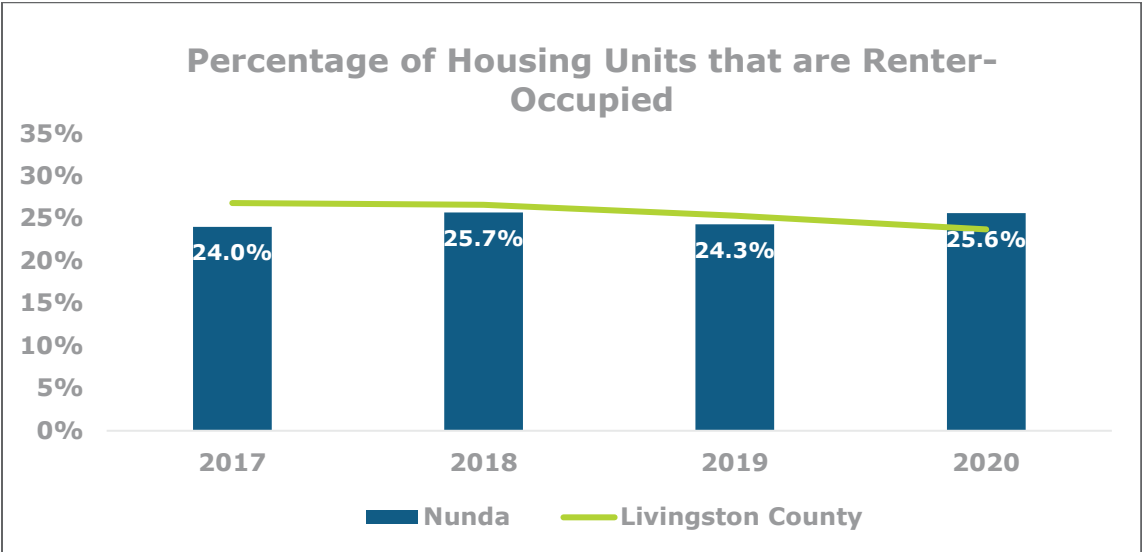
The percentage of households in Nunda with one or more persons under 18 years of age living in the home was fairly stable from 2017 to 2020, staying around 28% each year. Livingston County has seen a decrease year-to-year, especially between 2019 and 2020.



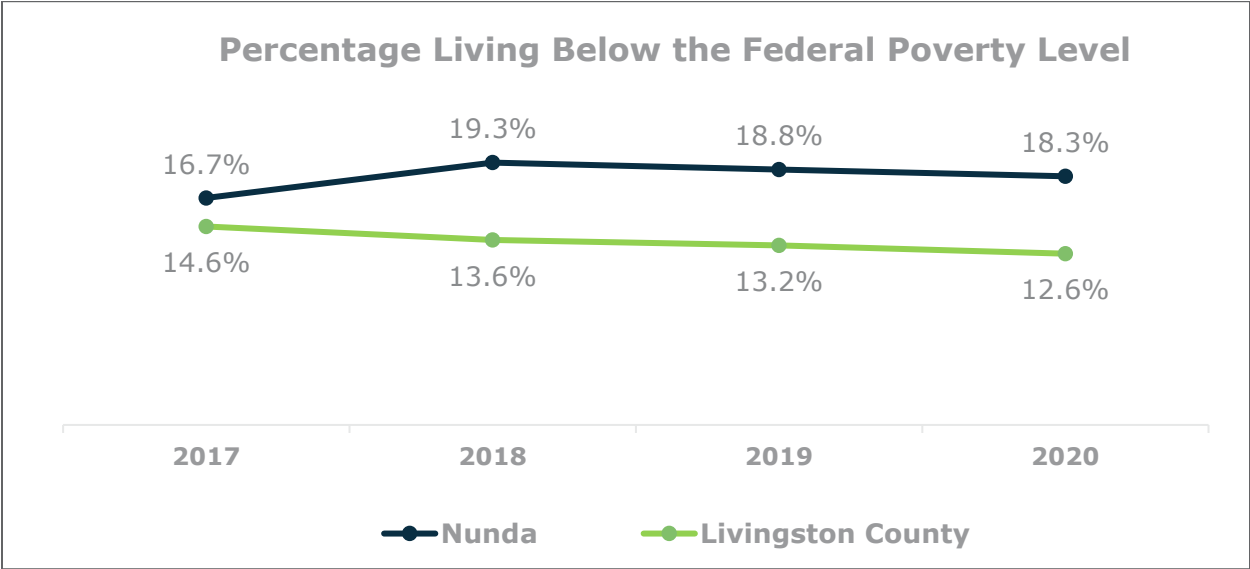
The percentage of single parent households in Nunda has steadily increased over from 2017 to 2020, where Livingston County has remained stable with a very slight decrease from 2019 to 2020.



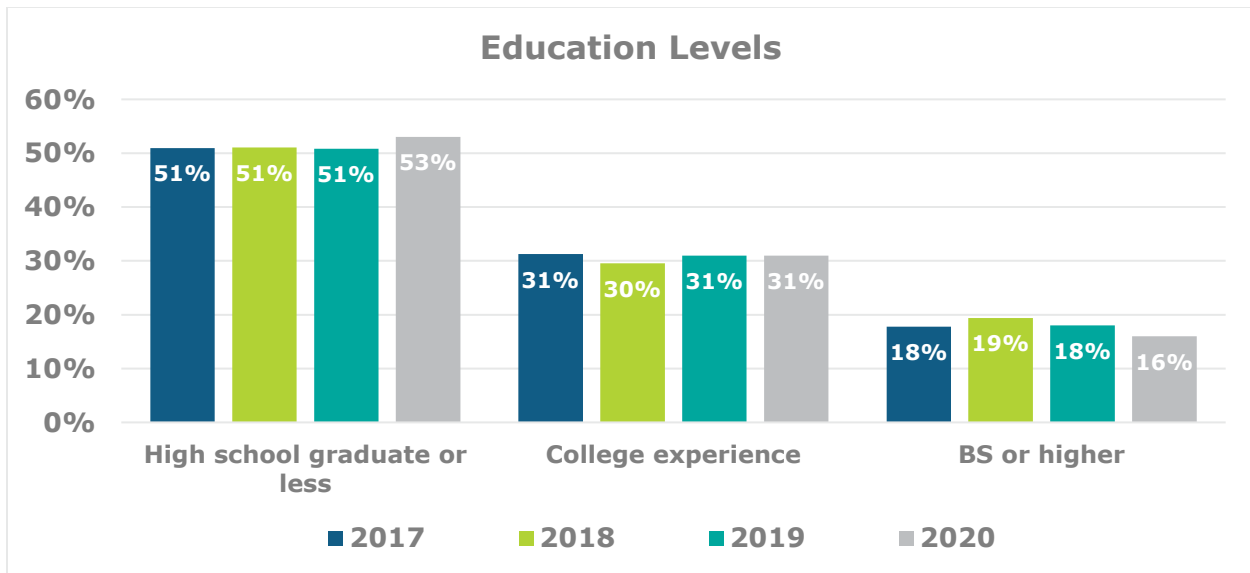
The percentage of renter-occupied housing units in Nunda has remained steady between 24% and 25.7% from 2017 to 2020. Livingston County has seen a slight decrease overall from 2018 to 2020, ending up just below the Nunda rate at 23.7%.



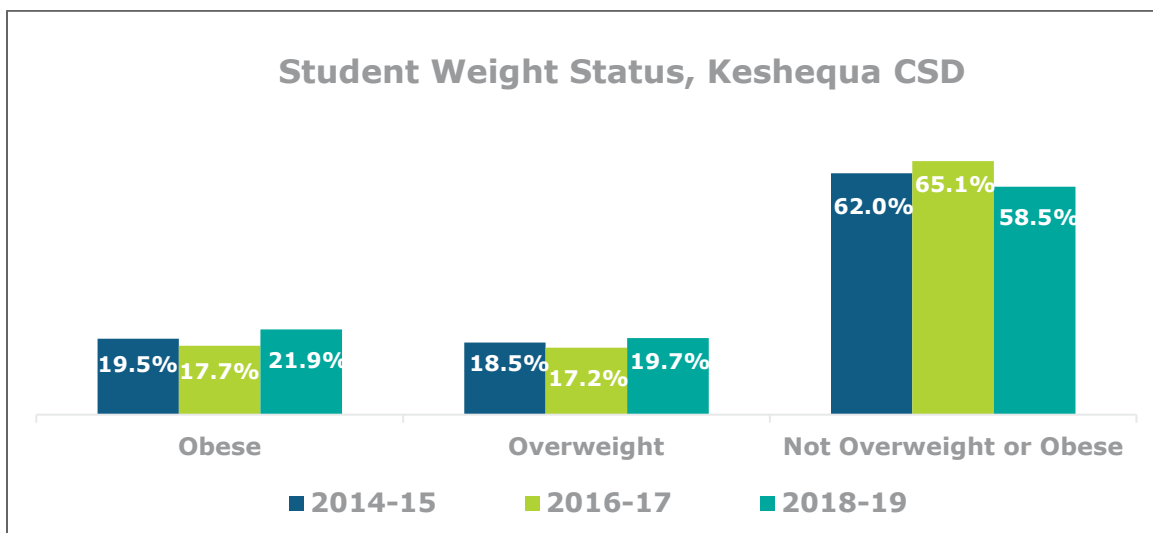
More than 500 residents, 18.3% of Nunda’s population, live below the federal poverty level according to U.S. Census statistics. This percentage has been decreasing since 2018. In addition, Nunda’s socioeconomic status (SES), which takes into account both financial and environmental factors, is considered low. Research shows that lower SES is linked to higher incidence of chronic diseases, shorter life expectancy and lower rates of good social, emotional, and physical health. The percentage of the population in Livingston County living below the federal poverty level has decreased steadily from 2017 to 2020.



Education levels can also predict life expectancy. The Centers for Disease Control and Prevention reports that adults aged 25 without a high school diploma “can expect to die nine years sooner than college graduates.” In Nunda, more than half of residents have earned a high school diploma or less. Approximately 31% of Nunda residents have at least some form of college experience. The percentage of Nunda residents with a Bachelor's degree or higher has steadily decreased since 2018.






According to the Student Weight Status Category Reporting System, approximately 42 percent of students in the Keshequa Central School District were overweight or obese in the 2018-19 academic year, an increase from the previous two academic years. Keshequa Central School District also had a lower rate of students in the 2018-19 school year who were not overweight or obese, 59%, than did Livingston County, 64%, in the 2017-19 reporting period.

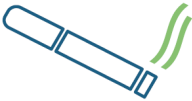


About Livingston County

Behavioral and personal lifestyles are important determinants of health. Smoking, poor nutrition and other unhealthy behaviors are linked to adverse health outcomes. Several indicators for behavioral lifestyles are shown below for Livingston County residents.

	Livingston County	Finger Lakes Region
Consumes <u>no</u> fruits or vegetables daily 	61.8%	57.6%
Consumes one or more sugary drinks daily 	21.9%	16.7%
Participated in leisure time physical activity in the past 30 days 	76.6%	77.9%

Adult smoking rates are higher in Livingston County (20.1 percent) than rates in the Finger Lakes Region (16.0 percent). Data reveal an estimate of more than 9,900 adults who currently smoke in Livingston County.



	Livingston County	Finger Lakes Region
Current cigarette smoker 	20.1%	16.0%

About Livingston County

Inactive lifestyles and poor diet may lead to obesity, a risk factor for developing diabetes, hypertension and other chronic illnesses. Estimated rates of obese or overweight adults in Livingston County are slightly lower (65.2 percent) than rates in the Finger Lakes Region (67.1 percent). However, the prevalence of adults with physician-diagnosed diabetes in Livingston County (9.7 percent) is lower than the rate in the Finger Lakes Region (13.1 percent).

	Livingston County	Finger Lakes Region
Obese or overweight adults	65.2%	67.1%
Physician-diagnosed diabetes	9.7%	13.1%

The physical environment plays an important role in residents' ability to engage in physical activity and access nutritious food. In Livingston County, residents are more likely to report that their neighborhood is suitable for being physically active (87.7 percent) when compared to the Finger Lakes region (83.9 percent). In addition, Livingston County has a higher rate of its population reporting always feeling stressed about having enough money to afford healthy food (18.2 percent) compared to the Finger Lakes region (12.9 percent).

	Livingston County	Finger Lakes Region
Consider neighborhood good/great for being active 	87.7%	83.9%
Always stressed about not enough money to afford healthy food 	18.2%	12.9%

About Common Ground Health

Founded in 1974, Common Ground Health is one of the nation's oldest and most effective regional health planning organizations. Located in Rochester, N.Y., the nonprofit serves the nine-county Finger Lakes region. We bring together health care providers, insurers, consumers and other partners to find common ground on our most pressing health challenges. Learn more about our community tables, our data resources and our work improving population health at www.CommonGroundHealth.org.

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